

**INFLUENCE OF SCHOOL MEALS ON ACADEMIC PERFORMANCE OF  
LEARNERS - OKWANG PRIMARY SCHOOLS, OTUKE DISTRICT (2021-2022)**

**BY**

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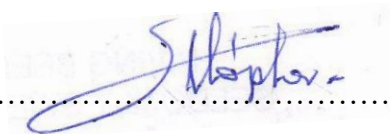
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## DECLARATION

I Okullo Christopher do declare that the dissertation is my original work produced during the course of my study at Busitema University, and the study carried out in Otuke district, Okwang primary schools. I confirm that it has never been submitted to any institution of Higher of Learning or University for any academic award.

Signature:.....

Okullo Christopher

Date: 28<sup>th</sup> April 2022.

## **APPROVAL**

This dissertation on influence of school meals on Academic performance of Learners, has been under my close guidance and supervision and it is my close guidance and it is proved ready for submission to Busitema University for the award of Bachelor in Primary Education of Busitema University.

Sign: .....

MR. SOLOMON OCHWO OBURU

Date:.....

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## **DEDICATION**

I dedicate this research work to my beloved wife Mrs. Ayoo Santa Okullo and my beloved children, more specific Peace Salume Akello.

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## **DEFINITION OF KEY TERMS**

According to Oxford learners Dictionary the key terms used in this research work are defined as below:-

Influence is power to affect somebody's characters through example or fear

School is an organized place of learning.

Meals is food that is eaten

Academic is teaching and studying in its character

Performance is ability to do an activity assigned

Learners are group of people studying to get knowledge

Primary school is an educational institute that provide foundation of education (P1 to P7)

Sub-county is an administrative unit within the district

District is part of a country consisting of sub-county

Nilotic is an ethnic group[ of people believed to have come from Ethiopia

Traditional is a native way of life or behavior

Disarmament is to withdraw arms from someone holding or keeping

Parents and teachers association is the body that brings parents and teachers together

Research is a scientific and systematic study

Cognitive is awareness or being knowledgeable

Intellectual is having or showing good reasoning power

Respondents is a group of person giving answer to the set of questions

Questioners is a set of question use in survey or research study

Population is a number of people within a specific of definite locality

Instrument is apparatus use in performing an action

Data are things or facts certainly known from which conclusion can be drawn.

## **ABSTRACT**

This study was carried out on influence of school meal on academic performance of learners in Okwang primary school, Otuke District.

Collection of data from 60 respondents of which 40 were pupils, 12 teachers, 4 head teachers, 4 parents' representative of the four respective selected schools, for the study.

The researcher used questionnaire, observation and interview guide to collect the relevant data from a cross- section of the respondents.

The data was sorted, and presented in a tabular form for analysis.

The analysis revealed that school meals have significant effect on the behavior and performance of learners in Okwang Primary schools, Otuke District.

From the findings, appropriate measures were suggested for implementation, these included provision of school meals to learners and opening up food production project in the school to enhance pupil academic performance and retention at school in Okwang primary schools, Otuke District.

## **CHAPTER ONE**

### **INTRODUCTION**

#### **1.1 Background to the study**

This research study was carried out in Okwang Sub-County in Otuke District. It was on the topic was “Influence of school meals on Academic Performance of Learners in Okwang Sub-County, Otuke District”. The period was 2021 to 2022.

Sub-county is located in the heart of Langi, now Lira district. The main ethnic group are the Nilotic Langi speaking community- believe by historians as a branch of the Luo who could have migrated from the Middle East about 14th century A. D or earlier.

The main economic activities are peasant agriculture and rearing of domestic animals such as cows and goats. In general terms the people are mixed farmers with some engaging in fishing in the nearby Lake Victoria. However most of the time they are disturbed by cattle raiders from the north-eastern neighbors, the Karamojong.

The Langi among which the research was carried out seem to be a culturally organized and united group. They are proud of their culture and customs. During festivals they sing and dance in joy and pleasure as the traditional folk songs are sang to pleasurable tunes and rhythms.

In the education sector, the elders are keen in imparting the traditional education and knowledge systems to the young. Most of these were done practically in the Langi society.

In this case there no idler at all. The girls are prepared by the women folk as the boys are trained to acquire responsibilities of fatherhood and security details of their families and society. That was long ago but the practice seems to cut across time.

In a related case, the Langi were proud of providing formal education alongside informal one in their communities. About thirty years ago, Lira and Otuke in particular had one of the best schools providing best formal education and training in the country. Lango College, Dr. Obote College, Boroboro, Comboni College, and Adwari Secondary School were models. In Otuke District there are Adwari as the best Secondary school and Aliwangi Primary school as giant in academic performance.

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